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A full color electronic version of this newsletter can be found on our website.

October 2022



The



Advocate

President's Message >>>

ACEA Retirement Seminar



If you are considering retirement this year, in the near future, or in a few years, please feel free to attend one of our virtual informational sessions on Tuesday, October 25, at either 3:30 p.m. or 4:30 p.m. If interested, please email Kim at ksloane@mseanea.org and she will send the Zoom invite to you a day or two before the seminar.

Welcome New ACEA Members!

ROBERT	CROFT	SP
MELANIE	DELOZIER	SP
CHANTELLE	DINICOLA	CA
MACKENZIE	KLINE	GC
BRANDI	RALEY	WM
COURTNEY	VINCI	GC

PLEASE Do Your Homework!

If I had a penny for every time an educator says this to a student, I'd venture to say that I would be rich, and many students would have better grades. As educators we have studied pedagogy and have come to understand the essential role that homework plays in the learning process for our students. This is because homework provides opportunity for not only reinforcement of key content and skills, but also fosters heuristic learning, both of which are key to cognitive growth and development.

So, with this in mind, I have a three part homework assignment for you. As a secondary social studies teacher who taught Local, State and Federal Government for several years, I am asking you to exercise your right to vote. This is one of the most important acts you can do as a citizen of our county, state and country.

The first part is to make sure that you are registered to vote. To assist you with this, we have added a [Voting Information](#) page to our website with links to the state election websites for Maryland, Pennsylvania and West Virginia.

Second, please do your homework! Take some time to learn about the candidates for the various offices at each level. To help with this, we have also added links to several opportunities to learn about the candidates. One in particular is the forthcoming Allegany Chamber of Commerce's *Candidate Forums* which can be attended in-person or live streamed on both Tuesday, October 11 and Wednesday, October 12 from 6-8 p.m. each night. In addition, you will find the link to the [MSEA 2022 Apple Ballot](#). We will continue to update this information until the election.

Last, but definitely not least...VOTE! Whether you choose to vote by mail or go in-person on Tuesday, November 8, doesn't matter, what matters is that you vote. While there are many considerations when voting, remember that your profession is one of the dominant parts of your life, and is governed by politicians at all levels. Be sure to examine each with an educator's perspective.

I quickly learned that there would always be excuses for missed homework. It was amazing how creative students could be with these! But remember that there are no make-ups for missed voting opportunities, and the consequences are long lasting.

In solidarity and service,

ksloane@mseanea.org

2022 MSEA EARLY EDUCATORS' (ECE) CONFERENCE

Educators, students, and our school communities are facing years of recovery. New educators are recovering from the chaos and uncertainty of the pandemic, a shaky reality that defines their early years in the profession. At the same time, their students and families look to them for guidance. This year's conference is rooted in the foundations needed for education recovery. Speakers, workshops, and every member session is focused on the skills educators need to lift themselves and lead their students. Come for the learning, leave with friends and a foundation for recovery for you and your students.

Participants: MSEA members with six years or less in the profession.

Date: October 29, 2022 **Times:** 10:00 a.m. – 3:00 p.m.

Where: Maritime Institute, Linthicum MD

Registration Closes: Friday October 21, 2022

To register, access the electronic version of this newsletter on our website at www.aceamsea.org, or scan the QR code found on the flyer in your staff room.

WWW.ANDERSTOONS.COM



"Technically that's correct, but I can see how it's disconcerting."

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"Apples are fine, but I find today's teacher prefers a nice latte."

The UD's Union Break

Happy fall, ACEA! I hope you are enjoying the transition into crisper weather, and the beautiful scenery the mountains offer.

As the beginning of the school year has progressed, there have been a few global topics it is fair to share with all of you. One of the most frequent questions I have gotten the past several weeks has been "what do I do if I get hurt at work?" First, always take care at work. Make sure you are aware of your surroundings and report any hazards to your administration and maintenance staff to prevent injuries on the job.

If you do find yourself hurt at work, know that there are several steps to take. First, [Allegany Schools Policy EBBB](#) outlines the reporting procedures for accidents at work. That policy clearly states, "Such reports are required whether or not there are any immediately evident injuries or damage to property." And can be found on the board of education website under policies and procedures. Additionally, you may have the right to file a claim for worker's compensation. This [form](#) is through the Maryland Worker's Compensation Commission is located on their [website](#).

If you ever suffer an accident or injury on the job, I encourage you to reach out to me so I can help, but in the meantime, it is always important to document the incident. Even if you do not feel that you were injured, make sure that there is record for your administration and for your personal records. You never know when those records may come in handy! As always, feel free to reach out to ACEA for any questions you may have about your working conditions, your rights, and questions in general and again, Happy fall!

Rich

Did You Know???

Among our current contract benefits is an added Cigna Employee Assistance Program (EAP) which began in 2021. EAP personal advocates will work with you and your household family members to help resolve issues you may be facing, such as mental health, legal assistance, debt counseling, retirement planning, parenting, eldercare, pet care, and identify theft. To access 24hrs/365days call 1-877-622-4327 or visit the website at www.cignabehavioral.com

For those who also chose Basic Life and/or Long-Term Disability coverage, you also have access to a program by One America. This includes free online will preparation, as well as other legal, financial, and personal aids. Access these benefits at <https://www.guidanceresources.com> and use the ACPS Web ID: **ONEAMERICA3**

Our CIGNA plan covers one annual physical per calendar year at 100% with an in-network provider, meaning no co-pay charged. Be certain to remind your PCPs office when scheduling or at check-out about this benefit, and that it must be coded accordingly to get this free benefit. For more information, contact CIGNA at the number provided on your insurance card.

Don't forget to check out the online monthly deals just for members* at [NEA Member Benefits](#)

*If you don't know your member ID number, just email derickson@mseane.org or call the office to get it.